

**Portfolio GPs - National Career and Networking
 Conference
 19th May 2018**

Time	Programme	Location
08.15-8.55	Registration - Meet and Greet	Reception to Conference Suite
09.00-09.20	Welcome by Dr Angela Goyal Portfolio Careers - Vision and Transformation	Main Auditorium
09.25-9.40	Opening Keynote : Dr Kailash Chand OBE	Main Auditorium
	Leadership in Medicine	Main Auditorium
9.40-9.55	Rising Star - Dr Pooja Arora Breaking through barriers: How to get into Medic-Politics and Leadership	Main Auditorium
10.00-10.25	Key Note Speaker – Our College Chair Professor Helen Jayne Stokes-Lampard	Main Auditorium
10.25-10.40	Panel Q & A	Main Auditorium
10.40-11.10	Coffee/Tea Break	Conference Suite

11.10-12.10	Please choose <u>ONE</u> Workshop 1, 2 or 3		
	<p>Workshop 1 - Developing a Specialist Field in your GP Career</p> <p>10 minutes talks followed by Q&A</p> <p>Dr Paul Charlson - GPwSI Dermatology, Aesthetics, Occupational Medicine & GP Trainer</p> <p>Dr Bill Laughey Academia, Primary Care, Research & Education</p> <p>Dr Abeyna Jones Occupational Health Physician</p> <p>Chair – Dr Angela Goyal</p>	<p>Workshop 2 - Digital Health Panel – future developments in health technology</p> <p>15 minutes talks followed by Digital Health Panel Q&A</p> <p>Dr Aman Arora - GP training on the VTS to the future in Digital Medical Education</p> <p>Dr Rasha Gadelrab - Diversity, Duality & Digital Health</p> <p>Digital Health Panel - Dr Huma Afzal, Dr Aman Arora, Dr Rasha Gadelrab</p> <p>Chair- Dr Rasha Gadelrab</p>	<p>Workshop 3 - Designing your Dream Career</p> <p>15 minutes talks followed by Q &A</p> <p>Dr Helen Lawal TV Presenter, Creating a career as a Lifestyle Medicine Lead and Health Coach</p> <p>Dr Gary Bartlett From GP to Team GB - British Snowboard Cross</p> <p>Chair- Dr Punam Krishan</p>
Location	Classroom AF20	Classroom AF35	Main Auditorium





	Portfolio Careers, Digital Health and Finance	Main Auditorium
12.15-12.35	<p>Dr Matt Noble – Babylon Health Being a digital doctor - opportunities in Heath Tech</p>	Main Auditorium
12.35-12.55	<p>Dr Abeyna Jones – Medic Footprints Careers and Wellbeing: Journeying off the Beaten Path</p>	Main Auditorium
12.55-13.15	<p>Matt Rickard - Top 5 Opportunities Most Medics Miss with Money</p>	Main Auditorium
13.15-14.15	<p>Wholefood Sociable Seated Lunch</p>	Dining Room

14.15 – 15.00	Please choose <u>ONE</u> Workshop 4, 5 or 6		
	<p>Workshop 4 - Entrepreneurship for GPs</p> <p>10-minute presentations followed by Q&A</p> <p>Dr Kiran Sodha - GP and Entrepreneur</p> <p>Rajiv Sethi-Medical Student & Clinical Entrepreneur Fellow</p> <p>Dr Faheem Latheef-Consultant Dermatologist and Entrepreneur</p> <p>Chair – Dr Indra Barathan</p>	<p>Workshop 5 - GP Life</p> <p>10-minute presentations followed by Q&A</p> <p>Dr Andy Noble - The Choices we make: Partner/Salaried/Locum. Work Life Balance</p> <p>Dr Zoe Neill & Dr Sarah Coope - Coaching CCG roles, appraising roles, working with Health Education England and how to avoid burnout</p> <p>Chair – Dr Angela Goyal</p>	<p>Workshop 6 - The Barefoot GP Programme</p> <p>Simon Cross - Exciting Working Holiday Opportunity -</p> <p>A unique opportunity for GPs to practice in and experience Australia, whilst being paid! Is this the adventure you have always dreamed of?</p> <p>Chair – Miriam Jassam</p>
Location	Classroom AF20	Main Auditorium	Classroom AF35





15.05- 15.30	Please choose <u>ONE</u> Workshop 7, 8 or 9		
	<p>Workshop 7 - The World of Pharmaceutical Medicine</p> <p>10 minutes talks followed by Q & A</p> <p>Dr Samer Talsaq Medical Advisor</p> <p>Dr Naila Aslam Pharmaceutical Research Physician</p>	<p>Workshop 8 - Property Investment for Doctors</p> <p>Dr Lafina Diamandis Author of 'Property Investing for Doctors'</p>	<p>Workshop 9 Panel Q and A Coaching Dream Careers GP Life Digital GP</p> <p>Dr Helen Lawal Dr Gary Bartlett Dr Zoe Neill Dr Rasha Gadelrab</p>
Location	Classroom AF35	Main Auditorium	Classroom AF20

	Drinks networking and MINI DATES Organic networking and an opportunity to meet with Speakers and Exhibitors	Conference Suite and Reception Area
15:30-16:40	Organic networking and an opportunity to meet with Speakers and Exhibitors The networking time is about <ul style="list-style-type: none"> •Building relationships •Making new contacts •New opportunities Top Tips from Inspired Medics for successful networking Smile! Be confident, friendly and approachable. Share contact details – a business card/email etc	Conference Suite and Reception Area
16.45 -17.00	Dr Angela Goyal - Ideas to Inspired Action Conference Close	Main Auditorium
17.00 – 18:30	Drinks networking continued	Conference Suite





Networking Map - Mini Dates with our Speakers

Area A			
			
Dr Helen Lawal TV doctor Health Coach Lifestyle Medicine lead& Blogger	Dr Naila Aslam Pharmaceutical Research &Physician	Dr Abeyna Jones Founder of Medic Footprints Occupational Medicine Physician NHS Leadership Academy and BBC Expert Voice alumni Black British Business Award Finalist Huffington Post Blogger	Dr Angela Goyal GPwSI Dermatology TV Doctor Columnist Speaker Founder- Inspired Medics





Area B

			
<p style="text-align: center;">Rajiv Sethi</p> <p>Honorary Research Fellow at Health Education England Clinical Entrepreneur Fellow at NHS England. Founder-Sethi Health</p>	<p style="text-align: center;">Dr Rasha Gadelrab</p> <p>Educator and digital health enthusiast Ex- Biotechnology consultant Co-founder for myHealthSpecialist.com Healthcare corporate trainer Co-administrator for Tiko's GP Group</p>	<p style="text-align: center;">Dr Bill Laughey</p> <p>Academic Appraiser GP trainer and undergraduate medical educator Primary Care researcher</p>	<p style="text-align: center;">Dr Andy Noble</p> <p>Experience as Salaried GP, Partner and Locum GPwSI in Older People health His exciting portfolio includes Appraiser and RunsYorkshire Medical Chambers</p>





Area C




			
<p style="text-align: center;">Dr Kailash Chand OBE</p> <p>NHS Leader Honorary Vice President of the BMA Ex-chair of an NHS trust Passionate supporter of the NHS. Writer for The Guardian, Pulse & Tribune</p>	<p style="text-align: center;">Dr Gary Barlett</p> <p>British Snowboard Cross GB Athlete Away Snowboarding all Winter GP in the Summertime</p>	<p style="text-align: center;">Dr Kiran Sodha</p> <p>Health-tech entrepreneur Studying an MBA at Warwick University NHS Clinical Entrepreneur Fellow</p>	<p style="text-align: center;">Dr Sarah Coope</p> <p>CCG Safeguarding lead Coach for doctors with NHS England Leadership/Management trainer Trained Mediator</p>

Area D

			
<p>Dr Lafina Diamandia</p> <p>Co-founder of EurekaDoc Property Investor Author of 'Property Investing for Doctors' Board member for Quorum Property Developers Club</p>	<p>Dr Pooja Arora</p> <p>NHS Leadership Voted as a rising star in Pulse Power 50 2015</p>	<p>Dr Zoe Neill</p> <p>CCG commissioner mental health Coach for medics Health Education Yorkshire and Humber GP appraiser and Consultancy work in private sector</p>	<p>Dr Aman Arora</p> <p>Previous VTS Course Director Now focused on full-time medical education Digital MedEd Founder of Arora Medical Education Certified Meditation Trainer</p>

Area E

			
<p>Dr Alison Best</p> <p>Previous partner salaried and locum GP. Associate Medical Director, Leeds CCG</p>	<p>Dr Faheem Latheef</p> <p>Consultant Dermatologist, Departmental Lead Clinician. MBA with focus on healthcare strategy. Property investor and partner in UK Property Angels</p>	<p>Dr Fairoz Miller</p> <p>GP, Appraiser, NLP Coach, Clinical Advisor for Lancashire, Merseyside and Cheshire Clinical Support Unit</p>	<p>Matt Noble</p> <p>Digital doctor Opportunities in Health Technology at Babylon</p>

Area F		
		
<p>Simon Cross</p> <p>Australian industry leading healthcare provider. Primary Health Care Australia. Chief Relationship Officer and Barefoot GP Program Executive.</p>	<p>Dr Indra Barathan</p> <p>GP, Functional Medicine Specialist with her own private practice</p>	<p>Matt Rickard</p> <p>Specialist Financial Planner Can advise you on not missing out on financial opportunities</p>

Sponsors and Exhibitors

We have carefully selected exhibitors who will add value to our conference as they can support Portfolio Careers. You never know, you may even come away with a job offer at the end of an informal chat! We also have exhibitors from our media partner network and the charity we support- The Robert Sinclair Davidson Foundation. Our exhibitors can offer advice on:

Digital Health
 Online Business
 Lifestyle Medicine courses
 Finance Pension
 Alternative Careers
 Working Holidays abroad
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